

6 March 2019

Dear Parents and Carers,

Improve Learning and Achievement for all Students

Time flies when you're learning is fun! It is week five already and our knowledgeable and creative students are well and truly into their learning, mastering new skills and forging ahead with their personal learning goals.

Last week we commenced our targeted support program for literacy. Selected students have begun to work with Ms Watling in differentiated groups to develop their literacy skills.

Our instrumental music program has commenced. This was a new experience for our year five students with plenty of excited chatter as students received their ukuleles for the first time and began their tuition. We look forward to hearing some great tunes from them later in the year.

Our new SRC leaders are ready to explore their leadership potential and will be meeting this week to identify their focus for the term. Two important dates are coming up with the national Bullying No Way day on Friday 15 March and Harmony Day on Friday 22 March. Look out for further information about how we will acknowledge these dates.

Develop an Expert Teaching Team

Our teachers have been participating in a suite of professional learning to increase their capacity when working with our students and families. Recent professional learning has included, developing Individual Learning Plans (ILPs) using the digital module in Sentral, Protective Behaviours and this week, two sessions to develop our understanding of Post Traumatic Stress Disorder (PTSD).

Last Wednesday our teachers and leadership team attended professional learning about best practices for teaching Protective Behaviours in the classroom. At its core are these important themes; 'that we all have the right to feel safe at all times', and 'we can talk about anything with someone we trust, no matter what it is.' Further information about the content and lessons will be sent home later this year before the program is delivered in classrooms.

Last week our school hosted the Tuggeranong Principal Network meeting where Anna and Brooke shared our school's progress, celebrated our successes and showcased our new initiatives. We are hoping to have this digital presentation available for you to view via the screen at the front office.

Provide a Safe, Respectful and Inclusive School Culture

On Thursday 28 February, it was great to see so many of our families take the opportunity to come together at our community breakfast. Thank you to everyone that cooked and served bacon and egg rolls to our families and students.

Volunteers needed - Communities @ Work – each week we have a box of donated bread, fruit and vegetables that require collection from Communities @ Work in Tuggeranong. This box provides supplies for toast club, fruit for students and vegetables to support our lunchtime cooking club. If you can help, please let the front office know and we will be in touch with further details.

Kind regards
Nicole Agius
Executive Teacher

Student Awards

The following students will be receiving an award at assembly on Friday 22 February 2019.

Assembly is 9:15am in the Hall.

NAMES	CLASS
Alex Griffiths	KM
Allie Oliver	KM
Grace Banks	KB
Billy White	KB
Kaycee Kelly-Edwards	1/2Q
Skye-Marie Bowen	1/2Q
Ron Kirby	1/2M
Ella Stephen	1/2M
Amber Murrell	3/4V
Joshua Gil	3/4V
Lilyana O'Neil	4/5SG
Brayden Exposito	5/6S
Callum Clarke	5/6S
Brandon-Lee Gomez	2-6T
Kaylon Ward	2-6T

SCHOOL TIMES

9:00-11:00am

11:00 – 11:15am Supervised Lunch Eating

11:15-11:45am Lunch Time Play

11:45-1:15pm Middle Session

1:15 – 1:45pm Recess/Play

1:45 – 3:00pm Afternoon Session

DAB Awards

Displaying Amazing Behaviour

Congratulations to the following students who will receive their Bronze 25 DAB Certificate at Friday's Assembly. These students have consistently displayed our signature behaviours of being Respectful, Positive Learners and Safe.

NAMES	CLASS
Lily-May Riley	1/2M
Dominic Talbot	3/4V
Xavier Fensom	1/2M
Catherine McKay	1/2M
Sunksh Dheer	1/2M
Aiva Hung	1/2Q
Jaxson Smith	4/5SG
Dakota Degroot	4/5SG
Ahmed Saeed	1/2M
Gloria Pesefea	3/4V
Ulia Vaana	1/2M
Izzabella Comandari	1/2M
Mason Pratt	3/4V
<p>Congratulations to the following students who will receive their Silver 50 DAB Certificate at Friday's Assembly. These students have consistently displayed our signature behaviours of being Respectful, Positive Learners and Safe.</p>	
Eissa Saeed	2-6T
Bella Spencer-Brown	2-6T
Harry Lowes	1/2M

Kindergarten Newsletter – Term 1 2019

Kindergarten is a time of such wonderful growth and excitement. We can hardly believe it was only 5 weeks ago, when we welcomed you all to Richardson Primary School. The children have settled in very well, learning the routines of school and developing into such positive learners.

Thank you to all families who made a time during the Getting To Know You Interviews. This was an invaluable chance for you to share important information about your child with us. If you need to reschedule a time, please have a chat with your child's teacher.

It was also great to see so many parents and families at the first assembly of the year. Although not our assembly, the Kindergarten students were welcomed by our Year 6 leaders. Some of us were a little nervous as we heard our names called, shook hands with the principal and stood up on the big stage. Kindergarten will be showcasing their work at assembly on Wednesday 3rd April (week 9) so save the date.



We have begun learning all about ourselves and our classmates through our inquiry unit 'Who Am I'. We have inquired into the similarities and differences between us, through observations and comparing drawings of ourselves and our families.

In Literacy, each class has begun to investigate the sounds and letters of the alphabet. We have introduced s, a, t, p, i and n. The children are busily looking for these letters in our classrooms, in books and in names. This week, we have also begun to send home 'Home Readers'. We encourage you to spend some time each afternoon/night sharing this book with you child. There is much research to say that reading to your child each night, significantly boosts their academic performance and vocabulary. If you have any questions about the home reading process, please attend the upcoming Parent Home

Reading information session on Monday 18th March.

Talking of reading.....

Are you our next Mystery reader?

- We are looking for mums, dads, grandparents or friends to come and share a story with Kindergarten students. You may like to share a favourite story, poem or book with us. We will be holding the Mystery Reader session, fortnightly on Friday at approximately 9:10am in the learning garden. The next one will be on 15th March.
- Please speak with your child's teacher if you are interested.

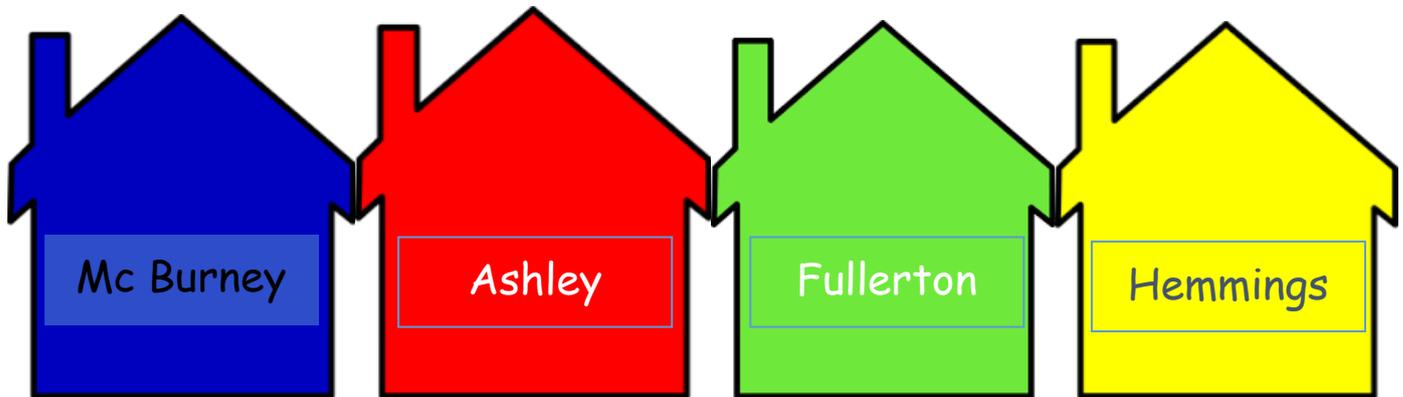


Our learning garden is a place where both classes come together to learn. In the garden, we have been counting the number of days we have been at school, investigating repeating patterns and learning about the features of a calendar. We also share songs, stories and important messages.

This has helped support our numeracy learning as we are focusing on naming, writing and counting collections to 10. We have also been looking at the duration of time by identifying things that we do in the morning, afternoon and at night.

Last Friday our students took part in another whole school activity- House Meetings. At Richardson Primary School our house groups are used for our

sports carnivals and the infamous Golden DAB Awards. On carnival days, students are encouraged to dress up in their house colours.



Wonderful things are happening everyday in Kindergarten. If you would like to see what we do each day, return your Seesaw note, as this is another way that we stay connected with you about our learning.

The Kindergarten Team.

Home Reading and Sight Words

Home reading and sight words will begin across the K-4 classrooms in Week 4. We strongly encourage parents and carers to read to, read with and be read to by their children every day.

In your child's home reading pouch, you will find a reading log book, home reading text and a sight word list. **We will be celebrating 100, 170 and 240 nights of reading at assemblies this year.** After 240 nights reading, children will have achieved marvellous munchers status and the coveted book award.

Here are some tips to get you started –

- Pick a regular time to read – after breakfast, after dinner or before bed
- Make the time enjoyable and successful – mistakes will occur, and this is part of the learning process
- Let your child hold the book and turn the pages
- Look through the book and talk about the pictures
- You could read the book, your child could read the book, or you could take turns to read the book
- If your child cannot read a word, give them a few seconds to work it out
- Provide prompts – sound it out, look at the picture, re-read the sentence
- If needed, tell your child the word, and have them read the full sentence
- **PRAISE** success
- After reading, discuss the book with your child. Discuss characters, how it makes them feel, what could happen next (who, what, when, why, which and how questions)

Looking forward to celebrating amazing reading this year.



Understanding and Responding to Feelings and Behaviours

UR FaB

Program in Schools

Child and Adolescent Mental Health Services

Hello from the UR FaB Team,

In order for children to learn to manage strong emotions they first need to develop the ability to name and understand their emotions. The ability to identify and understand your own emotions and then to use your emotional awareness to guide your problem solving is known as emotional intelligence. The UR FaB program is based on the research that having good emotional intelligence is associated with greater life satisfaction, better relationships, and lower rates of psychological difficulty.

Emotional intelligence is fostered by **emotion coaching** (drawn primarily from the work of John Gottman); and is a style of parenting which research has shown supports the development of children's emotional intelligence.

Emotion coaching is helping children understand the different emotions they experience, why they occur, and how to handle them. In the simplest terms, you can coach your child about emotions by comforting them; listening and understanding their thoughts and feelings, and helping them understand themselves. As you do this, your child will feel loved, supported, respected, and valued. With this emotionally supportive foundation, you will be much more successful at setting limits and problem solving.

Here are some questions and statements that will help you get started:

Are you feeling.....? (Then give 2 choices, sad or mad? Afraid or sad?)

What is making you.....mad? sad? happy?

What kind of day are you having? A happy day? A sad day?

Did somebody hurt your feelings? What happened?

Emotion coaching teaches children that we respect how they feel and while all emotions are okay, not all behaviours are okay!

Next time we'll look at setting limits and teaching children to problem solve.

The UR FaB Team

For more information on emotion coaching:

Gottman, J.M., & DeClair, J. (1997). *The Heart of Parenting: Raising an Emotionally Intelligent Child*. New York: Simon and Schuster.

Tuning in to Kids' – Authors Sophie Havinghurst & Ann Harley, University of Melbourne

Breakfast Club

A great way to start your day!

When: Monday, Tuesday, Wednesday, Thursday And Friday

Time: 8.40am (Mon, Tues, Wed and Fri)
8.15am (Thurs)

Venue: Canteen

Who: All students Preschool to Year 6

We look forward to seeing you there

SCHOOL AGE CARE

Before and after school care is available at Richardson Primary School.

Enrolment forms are available from www.ywca-canberra.org.au or from the front office. Once you have completed the enrolment form you will need to scan and email to childcareaccounts@ywca-canberra.org.au.

Contact details for the YWCA:

Phone: 6180 5777

Address: Level 2, 71 Northbourne Avenue, Canberra ACT 2601

Postal Address: YWCA Canberra, GPO Box 767, Canberra ACT 2601

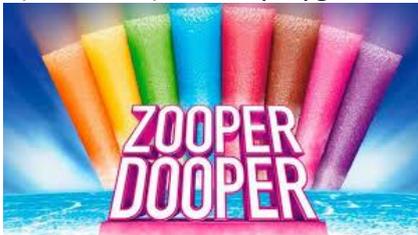
The first Year 6 fundraiser for 2019!
We will be selling

Zooper Doopers for 50c!

On sale in week 4

Wednesday, Thursday and Friday

Zooper Doopers can be purchased at recess (1.15-1.45) on the playground



Kingdom Kids

When: Every Tuesday during school term

Time : 3:00 – 4:00pm

Where: School Library, Richardson Primary School

Bible Stories, craft, songs, games....

To register please collect a registration form from the front office.



Could \$500 help you with school costs?

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* many Centrelink payments are eligible, please contact your local Coordinator for more information. Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact your local Saver Plus Coordinator

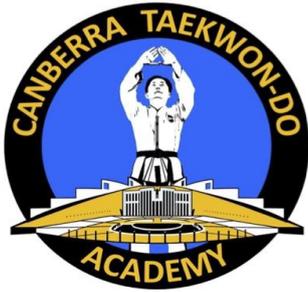
Phone or SMS your name and postcode to 1300 610 355

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Online saverplus.org.au

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Come and learn ITF Taekwon-Do in a fun and safe family-friendly environment from Australian ITF Team Representative and International Gold-Medalist, Instructor Ben Mott.



Classes held every Monday & Wednesday at 6pm in the Richardson Primary School Hall.

Contact Ben on 0431 730 025 or email ben@canberratkdacademy.com.au

Special discounts for Richardson Primary Students



Find us on Facebook and visit us at www.canberratkdacademy.com.au



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